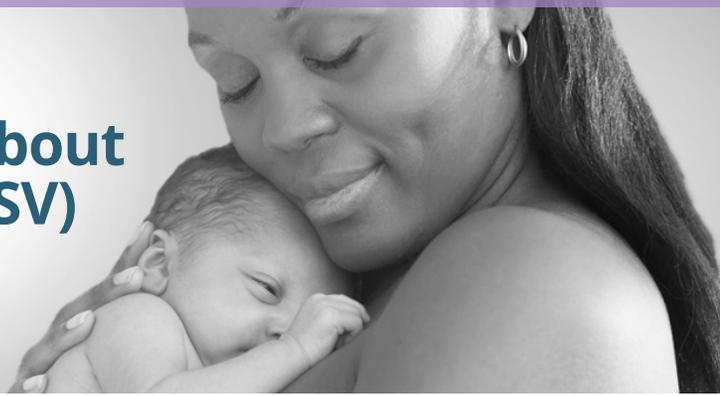


A Parent's Discussion Guide About Respiratory Syncytial Virus (RSV)

for Your Baby's Next Doctor Visit



About RSV

What is RSV?

RSV is a seasonal virus, like the flu, that's easily spread. Most children get RSV by age 2 and it typically appears like they have a common cold. In high-risk babies it can be more serious.

Is my baby at risk for RSV?

All babies are at risk for getting RSV; however, the consequences can be serious for high-risk babies, including:

- Premature babies
- Babies with certain heart issues
- Babies with lung issues

How serious is RSV?

In high-risk babies, RSV can cause severe disease in the lungs.

RSV is a leading reason babies less than 1 year of age are hospitalized in the US.

Start a discussion about RSV with your baby's doctor

We get it, bringing your baby to the doctor can be a challenge, especially if your baby is sick or you've recently returned home from the hospital. This discussion guide is designed to support you as you prepare for your appointment with your baby's doctor.

Could my baby be at risk of RSV?

- 1 Checking any of the circles below could mean your baby is at high risk for RSV***
(if you're unsure, ask your baby's doctor)

My baby has the following medical conditions:

- Born prematurely (35 weeks gestation or less). Date of birth ___ / ___ / ___ at ___ weeks
- Born with certain heart disease*
- Has certain lung disease*
- Other medical condition(s) _____

*Always talk to your baby's doctor about any questions or concerns you may have about your baby's health, or if your baby's health conditions put them at high risk for RSV.

- 2 Consider asking your baby's doctor the following:**

- When is RSV season in my area?
- Is my baby at high risk for RSV?
- How can I help protect my baby from RSV?
- Is there a medication that could help protect my baby from RSV?
 - If so, what is it, and do I need to make an appointment to get it?
- Other questions _____

This checklist can help your baby's doctor identify if your baby might have RSV.

Fill out the information below and bring it to your next appointment.

1 My child has these symptoms (check all that apply)*

- Coughing or wheezing that doesn't stop
- Fast/troubled breathing or gasping for breath
- Fever ____°F
- Bluish color around the mouth or fingernails
- Flared nostrils and/or increased chest retractions when trying to breathe

Other symptoms _____ , _____ , _____

***Important:** If your baby is experiencing any of the symptoms above, call your baby's doctor immediately.

2 My baby started having symptoms on ___ / ___ / ___

3 Based on what you've seen, the symptoms

- Stayed the same
- Are getting worse
- Are getting better

4 Was your baby exposed to a sick baby? Yes No

5 Was your baby

- In a crowded space? Yes No
- Recently in daycare? Yes No
- Is there a smoker in the house? Yes No

HELPFUL HINT: To get the most out of every appointment, remember to

Write down
your questions

Take notes and/or have
someone with you to help listen

Don't be afraid to
ask questions!

You can help
protect your baby
from RSV!



REMEMBER: Ask your baby's doctor if your baby is at high risk for RSV

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